



## You Are Worthy

Change Your Money Mindset, Build Your Worth & Fund Your Future

by Kelley Holland



Non-Fiction - Business/Finance

Kindle Edition

Reviewed on 08/11/2022

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## Book Review

### Reviewed by Philip Van Heusen for Readers' Favorite

The Bible says the love of money is the root of all kinds of evil. However, in *You Are Worthy: Change Your Money Mindset, Build Your Worth & Fund Your Future*, finances are the root of all types of anxiety. Kelley Holland has authored this book to give women empowerment over their finances. She knows that women are capable and need encouragement. The three parts of this book are broken down into Believe, Learn, and Build. This book enables the reader to develop a new mindset, use financial tools, and empower them to flex their new skills. Kelley leads the reader on the path to complete financial management that will allow for living a more fulfilling and happier life. To encourage you, the author fills her book with words of affirmation and support. It feels like your best friend is sitting beside you, cheering you on.

Kelley Holland has written *You Are Worthy* in a homey, personal style. She wants to be sure the book is understandable, so she not only explains the terms used but also includes a glossary in the appendix. One nice thing about the author's style is that it avoids financial jargon and uses commonly used words. After reading this book, you will know how to develop a total saving, spending, and investing plan. The author divides each chapter into three sections: 1) where are we now, 2) what can we do, and 3) what is our next step? You may not even know how to balance your personal checkbook. However, by the time you finish this book, you will be financially savvy and able to guide your finances. The appendix is full of terms, definitions, and other helpful information. This alone is worth buying the book.