

Forks, Knives, and Spoons

A Novel

by Leah DeCesare



Fiction - Womens

408 Pages

Reviewed on 08/01/2017

Book Review

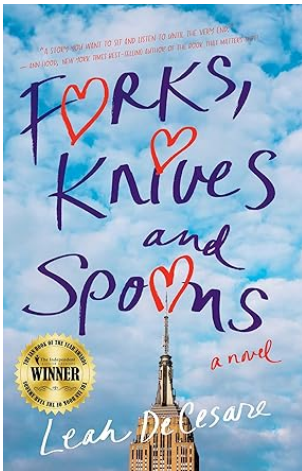


Reviewed by Lisa McCombs for Readers' Favorite

According to college freshman Amy, there are three types of guys: forks, knives, and spoons. When she unpacks her belongings at Syracuse University, she also unpacks her father's theory on the appropriate gentlemen types. Amy York's roommate, Veronica, is skeptical at first, but soon finds comfort in her friend's words. As the girls acclimate to college life, join a sorority, and collect more memories in friendships, break-ups, surprising romances, and common conflicts in their freshman year, the cutlery theory broadens to encompass every level of relationships.

The girls try to avoid all forks and are cautious amid the spoons. The knife is the way to go: "The knives are right in the middle, they have an edge and can be sharp when they need to be. Not too sharp and not too dull. They're smart. They have drive, fortitude, strength of character, and they may not be as sure of themselves around girls as the forks are, but they will find their confidence." Her father's words became a silent anthem to Amy and her friends, making it their goal to find the perfect, shiny steak knife in the drawer of eligible Syracuse males.

Forks, Knives, and Spoons by Leah DeCesare is a plucky story relevant to any college coed. DeCesare expresses the fears, dreams, and insecurities of the modern day college student. From yearnings to be loved to the realities of loveless families, it is all here. As the characters come to realize that the bonds they make in college are so different from any they have ever forged, the reader will revisit their own college days.



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Author Biography



Leah DeCesare is the award-winning author of *Forks, Knives, and Spoons* and the nonfiction parenting series *Naked Parenting*, based on her work as a doula, early parenting educator, and mom of three. Her articles on parenting have been featured in *The Huffington Post*, *the International Doula*, and *The Key*, among others. In 2008, she cofounded the nonprofit *Doulas of Rhode Island*, and in 2013 she spearheaded the *Campaign for Hope* to build the *Kampala Children's Centre for Hope and Wellness* in Uganda. In a past life, DeCesare worked in public relations and event planning. She now writes, teaches, and volunteers in Rhode Island, where she lives with her family and talking cockatiel.