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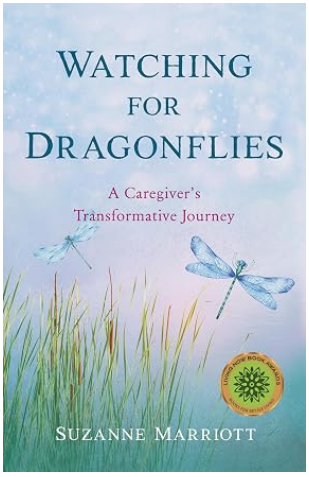
Book Reviews and Award Contest



Watching for Dragonflies

A Caregiver's Transformative Journey

by Suzanne Marriott

★★★★★

Non-Fiction - Memoir
320 Pages

Reviewed on 03/30/2023

Book Review

Reviewed by Foluso Falaye for Readers' Favorite

A visit to the neurologist reveals that Suzanne Marriott's husband, Michael, is suffering from MS. From that moment, Suzanne must come to terms with the reality of being a caregiver and foregoing her plans and expectations about her marriage. By learning psychological and spiritual information and applying them to her situation, Suzanne grows in several areas she struggles in, including selflessness, self-awareness, and empathy. When diagnosed with a life-threatening illness, she pulls through with the support and care she learned from loved ones, acquaintances, and medical professionals. Watching for Dragonflies by Suzanne Marriott is a fascinating, heartwarming story about the transformation experienced through caring for a loved one facing serious health challenges and surviving a life-threatening illness.

Watching for Dragonflies is never boring or monotonous. Each part is quickly followed by a different phase reflecting Michael's changing health situation and the couple's transformation and growth. Suzanne Marriott gives us a glimpse of the past and seamlessly integrates it with current events in the story. She doesn't hold back from sharing her profound core challenges as a caregiver and insightful details about her marriage. I found it unique and inspiring that the couple worked hard to keep their love alive and their sex life active while facing serious health challenges. This story proves we all need one another through happy times, sad times, and every stage in life. Suzanne shows us that moments of pain and pressure can transform one into a more conscious, empathetic, and resilient person. What a highly inspiring and impactful book!