

Passion Struck

Twelve Powerful Principles to Unlock Your Purpose and Ignite Your Most Intentional Life

by John R. Miles



Non-Fiction - Motivational

240 Pages

Reviewed on 07/20/2024

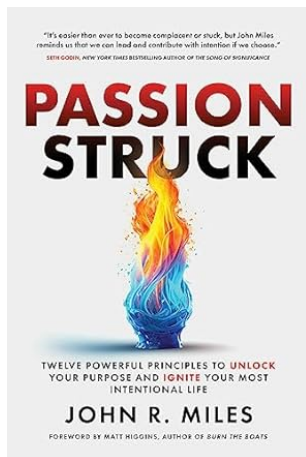
Book Review



Reviewed by Courtnee Turner Hoyle for Readers' Favorite

John R. Miles wrote *Passion Struck: Twelve Powerful Principles to Unlock Your Purpose and Ignite Your Most Intentional Life* to help the next generation of leaders achieve and live purposefully. After introducing the concepts in the book, the author divided it into two parts. The first section outlines mindset shifts, and the second part details the same number of behavioral adjustments to make up a twelve-part framework. Other chapters look at the application of acting on these steps. Miles uses Jim McKelvey as an example and other experiences to illustrate his points. Most of the concepts are practical, and they display ways to improve readers' lives. He outlines ways to accept failure and psychological pressures as part of the process to reach your goals. Miles shows readers the roadblocks to their success and how to avoid or navigate them.

John R. Miles encourages readers to take the discomfoting leap into the unknown and make informed decisions. Adults and young adults could learn a lot by picking up this book, whether they're getting ready to start on a new path or they want to switch from the one they're on. The exercises were helpful for me, and I identified many possibilities for my future by changing certain behaviors. Through studies and interviews, Miles helps readers realize more about themselves, helping them shape a new perspective. The author's personal experience is enough to motivate and inspire readers to take the first step in creating opportunities for growth and improvement. Readers who have the courage to start an empowering and intentional journey today will benefit from reading *Passion Struck*.



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Author Biography

 John R. Miles is a dynamic thought leader, award-winning author, and globally renowned podcast host. A former naval officer and Naval Academy graduate, John spent years in the C-suite of international businesses before embarking on a deeply personal journey toward intentional living. Over seven years, John immersed himself in the study of behavioral science, neuroscience, and psychology while learning from over 700 trailblazers across these fields. This extensive research became the foundation for his groundbreaking insights on behavior change, personal mastery, and purpose-driven living.

His discoveries led to the creation of the Passion Struck podcast, which quickly became a global phenomenon with over 45 million downloads. As the host, John engages with some of the world's most influential thinkers, including Gary Vaynerchuk, Gabby Bernstein, Seth Godin, Angela Duckworth, and Susan Cain. Through these in-depth conversations, John shares powerful lessons and actionable strategies for living an intentional and purpose-filled life.

John's award-winning book, *Passion Struck: Twelve Powerful Principles to Unlock Your Purpose and Ignite Your Most Intentional Life*, has been recognized by the Next Big Idea Club and earned accolades such as the 2024 International Business Awards® for Best Business Book and Best eBook. His work inspires millions of readers and listeners worldwide to embrace the science of intentionality and transform their lives.

With a mission to inspire and equip individuals to live with passion and purpose, John continues to be a sought-after voice in alternative health, leadership, and personal development.