

Sexual Energy Transmutation

The Secret Path to Health, Wealth and Genius

by Jay Onwukwe



Non-Fiction - Self Help

140 Pages

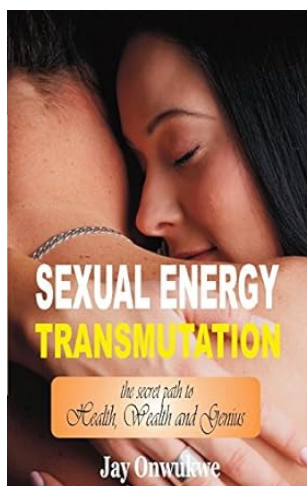
Reviewed on 04/02/2014

Book Review

Reviewed by Mamta Madhavan for Readers' Favorite

In *Sexual Energy Transmutation: The Secret Path to Health, Wealth and Genius*, author Jay Onwukwe speaks about sex and sexual energy. Sex is an emotion or energy that requires an outlet. The book tells readers how sex is both regeneration and degeneration and, if used in the rightful way, one can achieve a lot. Further in the book, the author speaks about how to channel your sexual energies into other useful energies in a manner that is beneficial to you. Sex being one of the strong foci in a person's life, it is important to be aware of the mysteries and realities surrounding sex. There should be sexual harmony between couples to bring a good balance in the relationship. This book will empower readers with the basic knowledge of sex.

A well written book on a theme that always arouses a lot of curiosity and doubt, the book is thought provoking and educative and many parts are inspiring. The dimensions of sex and sexuality are often discussed in whispers. The importance of healthy sex and the disadvantage of over-indulgence in sex is also discussed. It clears up a lot of misconceptions people have about sex. The writing is honest and direct and it will guide readers to balance their sex life effectively. The author has covered all the essential areas of the topic extensively. The writing style is simple and elegant. It is a book worth reading because it is an excellent guide on sexual transformation.



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Author Biography



Educated in UK and Nigeria, Jay Onwukwe holds degrees in Estate Management, and in Surveying and Geodesy.

His professional career of over two decades as geophysical seismic surveyor involved duty tours into remote and unexplored terrains of Sudan, Yemen, the Chad Basin and Niger Delta, while working for multinational oil companies.

Those regular trips into Mother Nature in its pure nakedness, and the consequent abstinence from regular social interactions, not only kindled his interest in, but also empowered his study into the innate powers of Man and Nature.

Jay is a friend of Youths. His earlier work - The WEALTH SECRETS You Must Know Before40 - is a best-selling knowledge book available at Amazon, and a must-read for every aspiring youth.

Jay lives at Aba with his gorgeous wife and enjoys reading, writing and gardening of rare and exotic plants.