

Sit, Cinderella, Sit

A Mostly True Memoir

by Lisa Cheek



Non-Fiction - Memoir

288 Pages

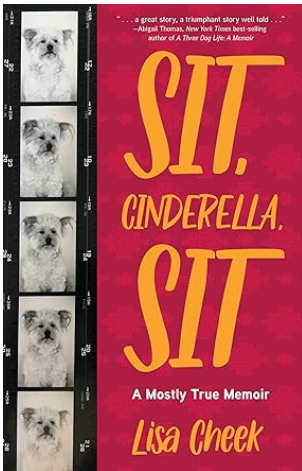
Reviewed on 11/14/2024

Book Review

Reviewed by Carol Thompson for Readers' Favorite

Sit, Cinderella, Sit by Lisa Cheek is a memoir that tells the story of a woman who undergoes a journey of self-discovery and resilience during life's unexpected challenges. With a playful twist on the Cinderella theme, Cheek explores her life, career, and the companionship of her loyal dog, Ron Howard. The memoir captures her experiences working behind the scenes in Hollywood, facing industry pressures, and ultimately finding a path that aligns with her sense of purpose. Cheek's storytelling is humorous and heartfelt, giving readers an insider's view of Hollywood's less glamorous aspects. Her relationship with Ron, a spirited little dog, provides comic relief and poignant insights as he becomes her constant companion, helping her connect with herself and others.

Each chapter unfolds with vivid scenes from her day-to-day life, blending memories and reflections with a witty, relatable, and insightful narrative voice. The informal style enhances the narrative's charm and creates a conversational tone. Through Lisa Cheek's struggles and triumphs, themes of resilience, friendship, and self-acceptance emerge, making her story both inspiring and thought-provoking. *Sit, Cinderella, Sit* is ideal for readers who appreciate memoirs filled with wit, honesty, and a touch of whimsy. It will relate to those who have ever felt unmoored and comforted in unexpected places or with unconventional companions. Cheek's journey is a reminder that finding one's place in the world often requires courage and a willingness to embrace life's surprises. This memoir is a heartwarming exploration of self-discovery, perfect for those looking for a light yet reflective read.



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Author Biography



Lisa Cheek's writing career started later in life after a career in editing films. Her first memoir, "Sit, Cinderella, Sit" was a People Magazine pick, an Amazon Bestseller, and made Zibby's Most Anticipated Books for 2025. You can find her musings "One Minute Thoughts From A Pink Head" on Substack. She lives in LA with 2 dogs, 2 cats, and a husband, where she is working on her next book.