

## Facing the Jaguar

A Memoir of Courage and Confrontation

by Babs Walters



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Non-Fiction - Memoir

184 Pages

Reviewed on 01/04/2025

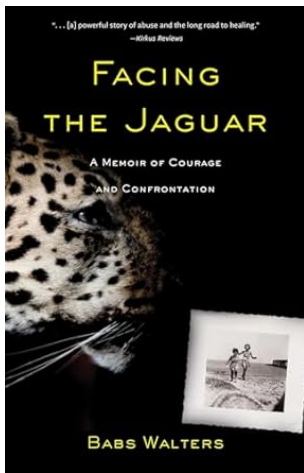
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## Book Review

**Reviewed by Adanna Ora for Readers' Favorite**

Children are known for their vulnerability, sensitivity, and receptiveness to learning good or bad behavior. They should be protected and shown love and care by their families. What happens when a child's immediate family becomes a source of pain, torture, and abuse? What happens when the parents supposed to provide you with a haven become the monsters within? This was the life of Babs Walters. Born to two dysfunctional parents, Babs was raised in a home filled with so much hostility, where there was domestic violence, physical abuse, negligence, and, to crown it all, where she and her sister were sexually abused by their father. This environment scars Babs for life. It affects virtually every area of her life. What would be Babs' fate? Can she ever find true happiness and peace? Find out in *Facing the Jaguar* where she shares her life story to help, strengthen, and encourage people in similar situations.

*Facing the Jaguar* is one of the few books that will hold you spellbound from the very first page till the last. The author takes you through a myriad of emotions, particularly those of pain, anger, hurt, betrayal, and pity. Damaged people damage other people, and making children who didn't ask to be born victims of this damage is saddening. The author uses simple language which makes the book easy to read. The lessons are innumerable. Readers are exposed to society's culture of silence in abuse situations and the need to have structures in place to help abused children and to create a safe space for them, particularly in religious institutions. Babs Walters is a beautiful writer and I look forward to reading more of her work. I also applaud her bravery, courage, and strength in sharing her story.



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## Author Biography



Babs Walters

As an author and motivational speaker, I work to raise the voices of the family secret keepers. As a survivor of child sexual abuse and domestic violence, I know firsthand how critical it is to break the silence. I am on a mission to help other survivors shine a light into the dark places where secrets grow into deep shame. By turning up the volume and turning off the shame, we can return to our true selves. We are not what happened to us—we are the meaning and purpose we give to what happened to us.